

THE STAYED MIND

Thou wilt keep him in perfect peace, whose mind is stayed on thee: because he trusteth in thee.

ISAIAH 26:3

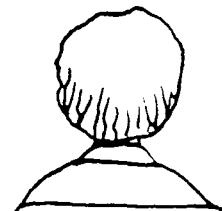
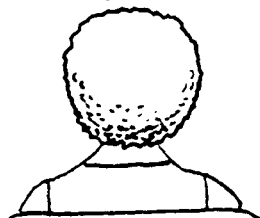
• TIPS FOR PARENTS •

The stayed mind is a great part of the renewed mind. Biblical culture promoted it. Our culture promotes a distracted mind. It may be practiced before or after meals, in the car, at fellowship, before bedtime - or every hour or two just gather up the children for 5 or 10 minutes of stayed mind!

(1) Sit on the floor or in chairs. Be still and quiet.

Place hands in lap. Eyes may be closed, especially in the early stages. (2) Stay mind on a verse or on a concept like "God loves me," or "I am believing God for a certain thing," or "God is healing me."

(3) Stay mind on a specific object of prayer while speaking in tongues.



GOAL:

- (1) Control thoughts
- (2) Trust
- (3) Peace