

God
Heartbeat Bulletin

March 7, 1975

Vol. 1 No. 16

Think & Get Blessed

GRACE



SOME WILL SAY

Grace, to you though it
may be hard to see
So rich that it just had
to be free
He gives His grace to you
Grace, with peace from God
to bless your soul
So full that we could never
know
The love He has for us

In grace, we are free from
sin and causes
We've the vict'ry over
losses
As we walk in light each
day
In grace, we're acceptable
and pleasing
Unto God with love
unceasing as the darkness
rolls away

Grace, before we came to
know the light
While stumbling in the night
Was there to guide us through
Grace, the glory we have yet
to see
Accepted for eternity
I stand here joyfully

Joe Fair



Many times I've talked to
people who say that they're
the ones who'll make it
better for you and me
Just hold on; you'll be free
But I knew that they had
never said "Follow me"
and I will make your bed
in all your times of trouble
Only "let it be."

Then I saw all the crying
faces wrinkled from all the
time that passed them by
Waiting for someone to free
them not pass them by -
But all they heard was "let
it be," a chorus of hold on,
you'll be free.

Some will say tomorrow holds
the answer. Some will say
that man, he needs more time
for his leisure 'cause some
lay he'll be fine. But there
is one who knows man's deepest
losses, His life He gave,
defeating all evil forces
He says "Follow me," "Follow
me" and you'll be free.

All the trials and your
disappointments, all the times
that you've fought and never

(con.'t pg. 1)

won, they're behind you if you choose Him. Don't pass Him by 'cause all your hopes and dreams, they await you - they're alive in Jesus Christ.

Steve Perez



THE CLENZ

I've never felt more solo, as when I emptied out my colo - and learned the inner secrets of the body.
My body is a vessel! This was true as it would wrestle, to make it to the closest empty potty.
The rumblings and the grumblings from the lower cave came tumbling and sounded out a chorus world renown.
And oh the joy of laughter, when in the trailer you'd hear after, "It's long, it's green instead of brown!"
We'll do it for the mystery, to cleanse this part of history. And if at any time you feel a chill...
Do your body a favor, decide to look upon your neighbor...
Your mind will change the chill into a thrill!

Teesh McCarthy



"Therefore I say unto you take no thought for your life, what ye shall eat, or what ye shall drink; nor yet for your body, what ye shall put on. Is not the life more than meat, and the body than raiment?" Matt. 6:25

"Finally everything is starting to jell."

Gary Donhoff & Barbi Hull



The success and smoothness of the cleniz is really a matter of the renewed mind and believing God for strength. I love doing it 'cause I know that I'll feel better and it's making my physical body stronger and more able to move God's Word. The key to maintaining that clear head and colon after the cleniz is to eat as much raw food as possible. "The rawer, the better," is the guideline I try to follow when I'm through with a cleniz. I'm really thankful for this ministry and how it uncovers the snare of the adversary in every aspect of our walks.

Marcia Fry

"Jesus saith unto them,
My meat is to do the will
of him that sent me,
and to finish his work,"

John 4:34

"In 1900 we were the
healthiest nation on
the face of the earth,
we were also a Christian
nation."

V.E. Irons

"What a privilege to
be motivated by Grace and
Mr. Irons...and such a
joy to see the end results."

Nik Maxson

"Neither have I gone back
from the commandment of
his lips; I have esteemed
the words of his mouth
more than my necessary
food."

Job 23:12

"In my old man days, if
someone had told me this
kind of life was available,
I would have told him,
"Fantasy...Dreamland."
And now it is living in
my veins."

Anthony Patch



APPLES OF GOLD

Like the music of the morn-
ing stars we should give
each other praise and
appreciation honestly in
the up and coming days.
A kind word from the
heart will quench a
fiery dart and the Word
of God will wash a tear
away.

And just like apples of
gold in pictures of
silver, a word fitly
spoken will shine.

Like the colors of the
rainbow, from the red to
violet blue, a spectrum
of enrichment is waiting
here for you. For to
give due praise is
blessed and to share God's
love divine - it's
healing for all people
and soothing to the mind.

Joe Fair

"It's beautiful to see
the tenderness among
the Corps just as Dr.
Wierwille mentioned.
Throughout this week the
Corps has really helped
each other. For me the
clenz has been a chance
to believe God and to
stay my mind. I'm thankful."

Nancy Friedman

WOUSA '76



Yea, I've traveled long, most nights thru.
My ears they've caught the sound of bells
aringin' far away. Yet those bells now I
cannot hear, after what seems so long ago my
journey started; only the wind now carries
me on - it gently sighs the kinship of a
thousand souls, a lighted fire somewhere
burning, I know.

Yea I have left chilled winds, and though
I may die before this trip's thru, one thing
I know; T'wasn't time that played the rotten
trick to let the Light of life's glimmer
glow go out. Charmed delights have strayed
the keepers of that fire, for they knew not
what made its glimmer glow; only its warmth
now they seek to start and try anew - but
have they its instruction, No. The Light its
fire glowed they knew not; only the comfort
of its warmth have they felt.

Look over! Yon window bright a fire burns
I knew and now I see the comfort of its Light.
Just o'er the hill the lights they're turning
one by one. A son of God, he wakes the hearth
of man - Yet he cries a message of less than
two years time to wake the quiet cold of this
sleepy morning country side.



The Corps is the greatest program in the world.
I feel like a hand fitting into a glove. As
I reach forth into the glove of God's Word,
the glove appears to let out a little here and
there, inviting - "Stretch forth thine hand."
The master tailor has designed a masterpiece
able to pick up a diamond in a velvet couch.



What you've saved for yourself is lost. What
you gave for others is saved.